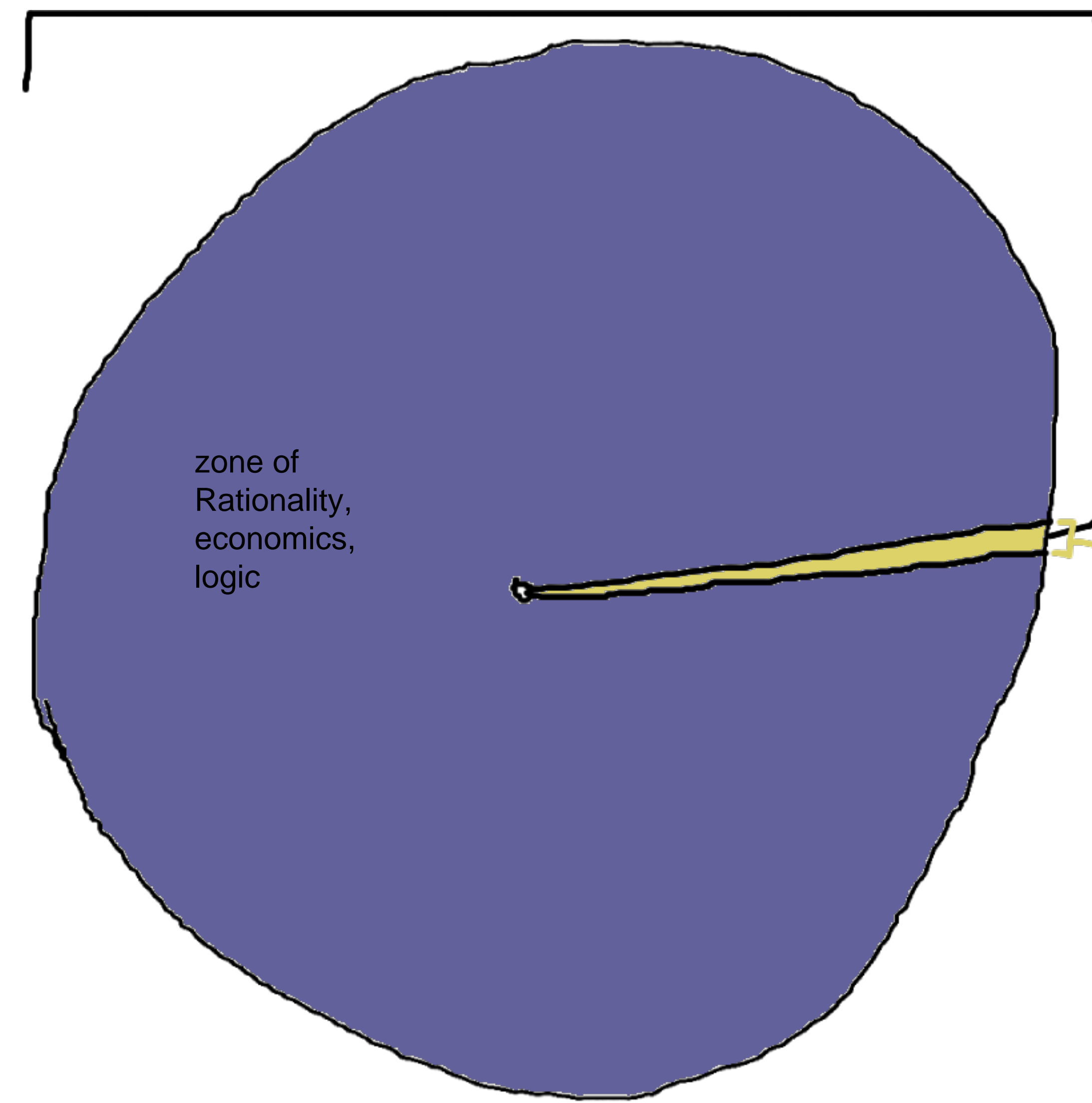


'REALITY' of how we orient our actions

pie chart divided into 'zones of activity'. A maybe exaggerated depiction of all human activity depicted as this blob. (rough sketch)



zone of freedom

The 'zone' of activity that does or can not be justified with logic / rationality. No 'sense'.

Existing according to expression, feeling, instinct, inspiration,.... understanding or explaining is not the crux.

zone of
Rationality,
economics,
logic

Most of the things we do in daily life function in a frame of strict logics and rationale. Take the bike and bike because I have to go to work, work bc i need to pay rent and groceries, see friends bc i feel lonely, make doctor appointment, read to educate myself, watch youtube to relax,...

REALITY

ZONE OF FREEDOM

(art!!)

even though its only a small part of reality, if you look up close, it is an immense landscape.

This 'zone of freedom' (zone of free activity) is where I believe one manages to communicate with 'the real' in its own language. There is no system being imposed on it. it is not bent towards a purpose or goal. It is the zone where you manage to test reality, and reality tests you. This can both be a graceful dance or an exhausting wrestle. Even though the latter occurs more where 'freedom' and rationale meet.

I want to clarify that this is a way of approaching the nature of action much more than it is any action in particular. 'Freedom' is acting out curiosity, embodiment and grace.

Through any action we open up physical, mental and virtual spaces. The broader the space that is opened up, the more 'life' can flood in. That is, awareness, presence and inspiration. I believe it is these spaces and moments that hold the potential for us to be human in the fullest, least confined sense.

'Art' is capable of touching the deepest essence of this 'freedom' but can just as well be positioned as far away from it as is possible.

